



2023
THE FUTURE
IS NOW

University of the Sunshine Coast Australia
Friday 27th and Saturday 28th October 2023

SPORTS DIETITIANS AUSTRALIA

CONFERENCE ONLINE PROGRAM

Friday 27 October	DAY 1: CONTEMPORARY ISSUES AND PRACTICE
9.45- 10.45am (AEST)	Cultural competency: considerations and insights when working with athletes Facilitated by Dr Dom Condo , Accredited Sports Dietitian and Angela Burt , Director – Indigenous Leadership at Richmond Football Club.
11.45 - 1.00pm (AEST)	Physique management in high performance sport Presented by Associate Professor Gary Slater , SDA Fellow and Ali Disher , Advanced Sports Dietitian
1.00pm	End of Day 1 Program
Saturday 28 October	DAY 2: TECHNOLOGY AND CHANGE
8.45 - 9.15am (AEST)	SDA Annual General Meeting
9.30 - 10.30am (AEST)	Space food system challenges and integrative solutions for long-duration exploration missions Keynote presented by Dr Grace Douglas , Lead Scientist Space Food Systems Laboratory, Advanced Food Technology, NASA Johnson Space Center. The session will include an in-person Q&A facilitated by the Chair, Associate Professor Ricardo Costa .
11.00 - 12pm (AEST)	Mental performance in athletes - future challenges for the evolution of gaming Keynote presented by Dr Walter Staiano , Lecturer and Research, University of Valencia, Spain. The session will include an in-person Q&A facilitated by the Chair, Associate Professor Ricardo Costa .
3.30 - 4.30pm (AEST)	The future of sports nutrition Keynote presented by Professor Louise Burke OAM
4.30 - 5.00pm	Conference wrap and close