



Pre Conference Workshop – Continuous Glucose Monitors



Professor Asker Jeukendrup
Sports Nutritionist and Exercise Physiologist

Asker Jeukendrup is a professor and an Exercise and Nutrition specialist. He is a leading researcher, very well published in the field of exercise metabolism and nutrition, who also works as a practitioner in the field. His academic work ranges from understanding obesity and diabetes better to improving performance in elite athletes. His mission is to translate science into practice, using evidence based approaches to help athletes achieves their goals, whether this is setting a world record or simply exercising for health reasons.

Asker has experience working in academia as a leading researcher, as a senior executive for the second largest nutrition company in the world and as a practitioner who has worked with numerous World and Olympic champions over many years.



Associate Professor Gregory Cox
SDA Fellow

Gregory Cox is a Fellow of Sports Dietitians Australia (SDA) and an Accredited Practising Dietitian. Currently, Greg is an Associate Professor at Bond University, Gold Coast, Australia. He has worked in Olympic sports for many years and enjoyed the challenge of aligning food and fluid intake to the demands of sport, while supporting athlete health and well-being. He has stayed active in endurance sports throughout his lifetime and spends as much time as possible in the surf or driving his 1971 Volkswagen Kombi.



Rebekka Frazer
Accredited Sports Dietitian

Rebekka is an Accredited Sports Dietitian who is currently working in private practice and completing a Higher Degree by Research at the University of the Sunshine Coast. Her research focus is energy availability and within day energy balance in female team sport athletes.



PRE CONFERENCE WORKSHOP



Amy-Lee Bowler
Accredited Sports Dietitian

Amy is an Accredited Sports Dietitian working at QAS and PhD Candidate at Bond University. Her PhD is entitled 'Tools for the assessment of energy availability: is day to day assessment of EA possible?' She has published 2 papers from her PhD and is working on the final component of her PhD, looking at the application of CGMs in sport to measure fuelling adequacy and energy availability.



Nicole Walker
Accredited Sports Dietitian

Nicole is a Sports Dietitian, Clinical Dietitian and Diabetes Educator in her private practice Ascent Nutrition. She predominantly works with endurance & young athletes and is well-known for supporting athletes with Type 1 Diabetes. She has also worked for Medtronic Diabetes as a Clinical Specialist for insulin pumps & CGMs. Nicole is a kiwi at heart, completing her Masters of Dietetics in New Zealand but now calls the Gold Coast home and will often be seen trail running and riding in the Hinterland or enjoying the beach.